



acupuncturekitchen

## **21-Day Detox**

a results-oriented program designed by experts

### **Rejuvenate, Revitalize, Restore**



#### **About the Detox**

This 21-day program is tapered to fit your needs. Your 21 days include: 2 consultations with naturopath, Christina Youngren who will design a delicious and nutritive medical-grade shake to support all aspects of your detox, 6 acupuncture sessions with Caylie See, Tamara Falvai or Nikki Fancher to correct underlying imbalances and encourage long-term health, 3 lymphatic massages with Holly Labus or Jessica Resmond to purify and create an ongoing buffer to your busy life and 2 cognitive behavioral sessions with Valerie Tate, MFT to facilitate reconfiguring your relationship to eating and living in healthy ways.

#### **Benefits of Detox Program**

De-stress, Support overburdened Liver and Kidneys to remove toxins, Reduce Inflammation, Repattern old habits, Lose Weight and Create Long-Term Changes.

**Start your customized program today and receive over  
15% off through March 2010!**

**\$1,100.00 (A value of \$1,345.00)**

**Sign up at Acupuncture Kitchen, or RSVP to [info@acupuncturekitchen.com](mailto:info@acupuncturekitchen.com)**