



acupuncturekitchen

The Chinese Medicine Cabinet:

**learn herbal first aid & help Haiti
with Nikki Fancher, L.Ac.**

Thursday, April 29th, 2010

7:00pm-9:00pm

\$20-\$40 Sliding Scale



Nikki Fancher licensed acupuncturist and herbalist will teach you how to have immediate access to Chinese herbal care at home. Maybe you're beginning to feel the start of a cold, you burned yourself while baking a pie, or you just drank too much last night. These customized remedies are designed to be effective and easy to use. Nikki will equip you with the knowledge you need to help yourself right away, and teach you how to make an herbal salve. These kits make great gifts for those you care about too.

Learn to use herbal first aid kits for:

- Colds & Flu
- Digestive Difficulties
- Sprains, Strains and Burns
- Outdoor and Gardening-related issues
- Fido and Fifi

**Enroll and help others receive aid –
all proceeds go to the Haiti relief effort through Acupuncturists Without Borders**

Reserve or Inquire at Acupuncture Kitchen:

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