



acupuncturekitchen

RESOURCES FOR FERTILITY

FERTILITY CENTERS

Laurel Fertility Care Collin B. Smikle, MD 1700 California Street, Suite 570 San Francisco, CA 94109 Phone 415.673.9199 Fax 415.673.8796 www.laurelfertility.com	
Pacific Fertility Center 55 Francisco Blvd., Ste. 500 San Francisco, Ca 94133 415.834.3000 www.pacificfertilitycenter.com/	

THERAPY & MIND / BODY GROUPS

Mind-Body Behavioral Medicine for Fertility Buffy Lundine, Program Facilitator www.laurelfertility.com 415.946.7427	Training in relaxation and stress reduction.
Susanne Babbel www.bodyconversations.com susanne@bodyconversations.com 45 Camino Alto, Ste. 200B Mill Valley, CA 94941 415.373.5625	Somatic therapy
Joy Farina 415.337.4347	EMDR
Shana Levy MD 3061 Fillmore St San Francisco, CA 94123 415.820.1420	Psychiatry

OBGYNS

<p>Golden Gate Obstetrics & Gynecology, Inc. 3838 California Street Suites, 801, 808, 812 and 816 San Francisco, California 94118 415.666.1250 www.goldengateobgyn.medem.com</p>	
<p>Rebecca Yee 2100 Webster St., Ste 319 San Francisco, CA 94115 415.923.3123</p>	
<p>Ricki Pollycove 2100 Webster St Ste 320 (between Clay St & Sacramento St) San Francisco, CA 94115 415.923.3390 www.drricki.com</p>	<p>No obstetrics Very good for hormone issues</p>

NUTRITION

<p>Three Stone Hearth info@threestonehearth.com (510) 647-8216 (Larry - customer service) http://www.threestonehearth.com <i>** contact Planet Organics to arrange delivery of Three Stone Hearth meals:</i> 800.956.5855</p>	<p>Pre-made meals</p>
<p>Renee Rivera http://www.chittahappens.com (415) 994-8704 Prana Urban Healing Lounge 4200 18th Street Suite 204 (18th and Collingwood in the Castro)</p>	<p>Ayurvedic nutrition</p>
<p>Julie Matthews Julie@HealthfulLiving.org 415-437-6807</p>	<p>Certified Nutrition Consultant</p>
<p>Darshana Weill Fruition Health P. O. Box 1565 Felton, CA 95018 831.335.2151 info@fruitionhealth.com</p>	<p>Integrative nutrition and health counselor</p>

BODYWORK

<p>Deb Longaker 147 Lomita Dr # B1 Mill Valley, CA 94941 415.265.1980</p>	<p>Chiropractor</p>
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MIDWIVES/DOULAS

At Home Fertility Michelle Edgar (415) 262-0442	Midwife
MANA www.mana.org/memberlist.html	Midwives Alliance of North America
www.maternitywise.org/mw/topics/caregiver/tips.html	Tips/Tools for choosing a Maternity Caregiver

GUIDED IMAGERY CDs

Martin Rossman "The Healing Mind" 415-577-6997 http://www.thehealingmind.org/ info@thehealingmind.org	Stress reduction Pre/Post Op
Belleruth Naparstek http://www.healthjourneys.com/	Fertility Support
Caylie See	CD Designed for support before, during and after any assisted reproductive technique

YOGA TEACHERS / PILATES

Laura Christensen YOGASTUDIO Mill Valley www.yogastudiomillvalley.com	Yoga teacher
Stacey Rosenberg Yoga Tree www.yogatreesf.com	Yoga teacher, specialty in pre-natal
Julia Weinberg San Francisco, CA 94110 415.577.3492 www.extendpilates.com	Pilates
Preggo Pilates Stephanie www.preggopilates.com 415.517.5730	Pre-Natal Pilates
Third Street Pilates Georgia 2325 3rd Street, suite 318 (between 20th St & 22nd St) San Francisco, CA 94107 415.503.0200 www.thirdstreetpilates.com	